

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Menu Name: Elementary BIC

Include Cost: No

Site:

Report Style: Detailed

Monday - 03/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000951 MUFFIN I/W	PKG	1	180	16	30.00
Weighted Daily Average			340	40	56.00
% of Calories				47.1%	65.9%
Weekly Nutrient Guideline			0 - 0		

Tuesday - 03/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000585 BUG BITES GRAHAM CRACKERS	PKG	1	140	*N/A*	23.00
001161 ELF GRAHAM CHOCOLATE	PKG	1	120	7	20.00
000534 ELF GRAHAMS CINNAMON	PKG	1	120	8	21.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00

Base Menu Spreadsheet

Portion Values

000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			773	*48	131.75
% of Calories				*24.8%	68.2%
Weekly Nutrient Guideline			0 - 0		

Wednesday - 03/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000585 BUG BITES GRAHAM CRACKERS	PKG	1	140	*N/A*	23.00
001161 ELF GRAHAM CHOCOLATE	PKG	1	120	7	20.00
000534 ELF GRAHAMS CINNAMON	PKG	1	120	8	21.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			773	*48	131.75
% of Calories				*24.8%	68.2%
Weekly Nutrient Guideline			0 - 0		

Thursday - 03/05/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001134 BOSCO EGG & CHEESE STICK	STICK	1	150	2	18.00
000983 JUICE CUP	CUP	1	60	13	15.00
000228 MILK, SKIM CHOCOLATE	CARTON	1	150	22	24.00
Weighted Daily Average			360	37	57.00
% of Calories				41.1%	63.3%
Weekly Nutrient Guideline			0 - 0		

Friday - 03/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000551 GOLDFISH	PKG	1	100	*N/A*	14.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000528 TORNADOS EGG BACON & CHEESE	EACH	1	220	*N/A*	23.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000527 TORNADOS FRENCH TOAST & SAUSAG	EACH	1	190	1	22.00
Weighted Daily Average			902	*34	126.75
% of Calories				*15.1%	56.2%
Weekly Nutrient Guideline			0 - 0		

Monday - 03/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001101 DONUTS CAKE MINI	4 DONUTS	1	200	9	25.00
001113 DONUT HOLES	5 HOLES	1	220	5	24.00
000983 JUICE CUP	CUP	1	60	13	15.00
001186 MILK CHOCOLATE 1%	CARTON	1	150	22	24.00
Weighted Daily Average			630	49	88.00
% of Calories				31.1%	55.9%
Weekly Nutrient Guideline			0 - 0		

Tuesday - 03/10/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000796 MINI FRENCH TOAST HOMESTYLE	PKG	1	170	12	25.00
000983 JUICE CUP	CUP	1	60	13	15.00
001186 MILK CHOCOLATE 1%	CARTON	1	150	22	24.00
Weighted Daily Average			380	47	64.00
% of Calories				49.5%	67.4%
Weekly Nutrient Guideline			0 - 0		

Wednesday - 03/11/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000585 BUG BITES GRAHAM CRACKERS	PKG	1	140	*N/A*	23.00
001161 ELF GRAHAM CHOCOLATE	PKG	1	120	7	20.00
000534 ELF GRAHAMS CINNAMON	PKG	1	120	8	21.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			773	*48	131.75
% of Calories				*24.8%	68.2%
Weekly Nutrient Guideline			0 - 0		

Thursday - 03/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000551 GOLDFISH	PKG	1	100	*N/A*	14.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	*3	27.00
Weighted Daily Average			912	*36	108.75
% of Calories				*15.8%	47.7%
Weekly Nutrient Guideline			0 - 0		

Friday - 03/13/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000551 GOLDFISH	PKG	1	100	*N/A*	14.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000528 TORNADOS EGG BACON & CHEESE	EACH	1	220	*N/A*	23.00
000527 TORNADOS FRENCH TOAST & SAUSAG	EACH	1	190	1	22.00
Weighted Daily Average			902	*34	126.75
% of Calories				*15.1%	56.2%
Weekly Nutrient Guideline			0 - 0		

Monday - 03/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000951 MUFFIN I/W	PKG	1	180	16	30.00
Weighted Daily Average			340	40	56.00
% of Calories				47.1%	65.9%
Weekly Nutrient Guideline			0 - 0		

Tuesday - 03/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000650 PANCAKES MINI MAPLE	PKG	1	220	12	39.00
000651 PANCAKES MINI STRAWBERRY	PKG	1	220	14	40.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			600	50	105.00
% of Calories				33.3%	70.0%
Weekly Nutrient Guideline			0 - 0		

Wednesday - 03/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75

Base Menu Spreadsheet

Portion Values

000585 BUG BITES GRAHAM CRACKERS	PKG	1	140	*N/A*	23.00
001161 ELF GRAHAM CHOCOLATE	PKG	1	120	7	20.00
000534 ELF GRAHAMS CINNAMON	PKG	1	120	8	21.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			773	*48	131.75
% of Calories				*24.8%	68.2%
Weekly Nutrient Guideline			0 - 0		

Thursday - 03/19/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001168 BAGEL I/W	BAGEL	1	140	5	29.00
001186 MILK CHOCOLATE 1%	CARTON	1	150	22	24.00
Weighted Daily Average			290	27	53.00
% of Calories				37.2%	73.1%
Weekly Nutrient Guideline			0 - 0		

Friday - 03/20/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000551 GOLDFISH	PKG	1	100	*N/A*	14.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
000528 TORNADOS EGG BACON & CHEESE	EACH	1	220	*N/A*	23.00
000527 TORNADOS FRENCH TOAST & SAUSAG	EACH	1	190	1	22.00
Weighted Daily Average			902	*34	126.75
% of Calories				*15.1%	56.2%
Weekly Nutrient Guideline			0 - 0		

Monday - 03/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001101 DONUTS CAKE MINI	4 DONUTS	1	200	9	25.00
001113 DONUT HOLES	5 HOLES	1	220	5	24.00
000983 JUICE CUP	CUP	1	60	13	15.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001186 MILK CHOCOLATE 1%	CARTON	1	150	22	24.00
Weighted Daily Average			630	49	88.00
% of Calories				31.1%	55.9%
Weekly Nutrient Guideline			0 - 0		

Tuesday - 03/31/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	8	22.75
000585 BUG BITES GRAHAM CRACKERS	PKG	1	140	*N/A*	23.00
001161 ELF GRAHAM CHOCOLATE	PKG	1	120	7	20.00
000534 ELF GRAHAMS CINNAMON	PKG	1	120	8	21.00
000604 GOLDFISH GIANT GRAHAMS	PKG	1	120	*N/A*	19.00
000983 JUICE CUP	CUP	1	60	13	15.00
000317 MILK 1% WHITE	CARTON	1	100	11	11.00
Weighted Daily Average			773	*48	131.75
% of Calories				*24.8%	68.2%
Weekly Nutrient Guideline			0 - 0		

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Portion Values

Mar 2, 2020 thru Mar 31, 2020

			Cals ¹ (kcal)	Sugars (g)	Carb (g)
Weighted Averages			650	*42	100.87
% of Calories				*25.8%	62.1%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.